

Did you know...

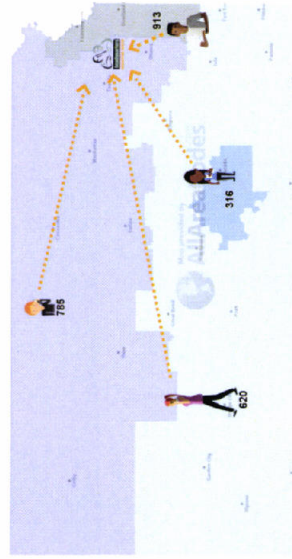
- 20% of Kansas high school students have considered suicide in the last 12 months.
- Suicide is the 2nd leading cause of death for Kansas in age groups 15-24 and 25-44.
- 512 Kansans died by suicide in 2016; 477 in 2015.
- On average, one person in Kansas dies by suicide approximately every 18 hours.
- Each day in the US, there are an average of 5240 suicide attempts by young people in grades 7-12.
- While women attempt suicide more often, 78% of suicide deaths in Kansas were men in 2016
- 50% of suicide deaths in Kansas in 2016 involved a firearm

How does it work?

When a call is placed to the National Suicide Prevention Lifeline, it is routed by area code to the closest crisis center. In Kansas, that call comes to Headquarters Counseling Center first.

Anyone can call for any reason, it's free and confidential. Our direct line is 785-841-2345 or through the National Suicide Prevention Lifeline 800-273-8255 (TALK).

As part of the National Suicide Prevention Line network, we are part of a 160-center network. Even if our counselors cannot answer, calls to the NSPL have a very high answer rate by "rolling" to the next crisis center. Online Chat is also available on our website.



Ways To Get Involved

- **DONATE to Headquarters** online at www.HeadquartersCounselingCenter.org
- Become a Sustaining Partner
- Promote the NSPL phone number
- Contact a local American Foundation for Suicide Prevention Chapter
- Join or start a local suicide prevention coalition
- Volunteer to serve as a counselor
- Plan an awareness event or fundraiser
- Organize a training at work or in your community
- Learn about restricting access to lethal means
- Share this brochure

Headquarters is everyone's business, and YOU can do something to prevent it.

headquarters, inc.

211 E. 8th Street, Suite C
PO Box 999 • Lawrence, KS 66044
Office Phone 785-841-9900

www.HeadquartersCounselingCenter.org
www.KansasSuicidePrevention.org

Headquarters Counseling Center in Lawrence is the National Suicide Prevention Lifeline Crisis Center for Kansas.

Kansas
Suicide
Prevention
RESOURCE CENTER

NATIONAL
**SUICIDE
PREVENTION
LIFELINE**
1-800-273-TALK (8255)
suicidepreventionlifeline.org



headquarters
COUNSELING CENTER

**We Are Here
To Listen**

24/7 Crisis Center & Resource Center

800-273-TALK (8255)
or 785-841-2345

or chat online at
HeadquartersCounselingCenter.org