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## New form submission

### [YSPTF Testimony Form](#)

Submitted on 09 December 2018, via IP 24.255.183.131 by Anonymous

*NOTE: All testimony submitted is subject to public disclosure under the Kansas Open Records Act and will become a part of the official record of the Task Force.*

Full Name	CLAUDIA CRUSE
Organization	
Email Address	THEDATADOT62@GMAIL.COM
Phone Number	7852138149
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Meeting at which you wish to testify:	Dec. 10, Topeka
What hurdles have you experienced and/or lessons learned through your efforts?	<p>I first laughed a little when I read the question above. The question should read what hurdles have you never overcome and/or lessons learned through my efforts. The thought of Suicide has plagued me for most my life. It comes from a Personality Disorder. Typical psychotherapy has never worked nor depression medication. Employment is still a huge issue because lets face it; employers do not have the time or patience to be kind. As a child I was alone. As a teenager I was alone. As an adult I am alone. My quality of life has been neglected by the mental health field. I recently requested a mental health provider from my insurance company and was told there were no mental health providers as primary care doctors. I cannot afford the specialty fee for every mental health appointment. It's not really a matter of finding the youth; it's more of a question of finding the right treatment; then they will flock to be given the tools toward recovery.</p>
	<p>My efforts to address issues of suicide have gone on deaf ears. It has only recently been brought to light that it is important that people stop killing themselves. This is coming from someone who</p>

What efforts have proven to be successful in your purpose to address youth suicide?	has sought help for many years and has been written about with hateful energy in clinical notes..so much so, that I do not want to return. Too much hate out there in the real world of mental health providers. I found an article speaking on suicide so I listened intently and went to the Dialectic Behavioral Therapy webpage. I bought the books and began learning. One thing I am missing is a qualified counselor who has been trained in DBT. DBT is available in only 3 counties in Kansas. If you don't live in those counties you are not eligible to receive care.
Recommendations or suggestions for the task force to consider:	I was taken to Mennengers in 1967 after I passed out at school. It was thought I might have a brain tumor. I so wish they would have spoken to me. After it was determined no tumor existed, I was released to my parents to begin a very long journey of confusion without anyone to share my deepest thoughts with. Soon those thoughts turned to a way out of the darkness. Death seemed to be my only option. DBT must be an absolute in preventing suicide in children.
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